Personal Learning Assessment of Needs (PLAN) Survey

Purpose: To help physicians and health professionals identify their own learning needs, reflect on performance, and support the development of personalized learning plans (PLPs).

Section 1: Demographics

- Clinical role: ☐ Physician ☐ Surgeon ☐ Allied Health ☐ Other: _____

- Specialty/Subspecialty: _____

- Years in practice: ☐ 0–5 ☐ 6–10 ☐ 11–20 ☐ 21+

- Practice type: ☐ Academic ☐ Community ☐ Hospital ☐ Mixed

- Are you in a leadership or administrative role? ☐ Yes ☐ No

Section 2: Self-Assessment of Competency Areas

Please rate your **current level of confidence** in the following areas relevant to your practice.
Scale: (1 = Not confident - 5 = Very confident)

Competency Domain	Rating
Clinical decision-making	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Evidence-based practice	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Communication with patients/families	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Interprofessional collaboration	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Cultural safety and trauma-informed care	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Health equity/anti-oppression	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Managing uncertainty in practice	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Quality improvement & patient safety	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Leadership and change management	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Competency Domain	Rating
Digital health and virtual care	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Scholarly teaching or supervision	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5
Physician wellness & resilience	☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Section 3: Reflection & Goals

1. What learning activities have you completed in the past 12 months?
   (E.g., conferences, online modules, journal clubs)

   _____

   _____

2. What are 2–3 specific learning goals you'd like to pursue this year?

   _____

   _____

   _____

3. What barriers, if any, impact your ability to engage in CPD?
   ☐ Time ☐ Cost ☐ Relevance ☐ Access ☐ Technology ☐ Other: _____

4. Preferred learning format:
   ☐ Online ☐ Live ☐ Hybrid ☐ Peer groups ☐ One-on-one ☐ Simulation-based

5. Would you like to receive recommendations for CPD activities aligned with your learning goals?
   ☐ Yes, please send me personalized suggestions
   ☐ No, I prefer to browse available offerings

Name:

Email: